Salads

our salads are prepared fresh daily and made to order, here are a few of our most popular salads

green leaf lettuce, tomatoes, cucumbers, shredded carro	
Javier's Salad	
garden salad topped w/ grilled chicken, roasted peppers	
Asian Salad	14.75
tossed garden salad topped w/ grilled chicken, cashews	& mandarin oranges
Alex's Salad	14.75
tossed garden salad topped w/ a scoop of tuna, cheddan	r, avocado & hard-boiled eg
Tomas' Salad	
tossed garden salad topped w/ turkey breast, crumbled	bacon and avocado
Howard's Salad	
tossed garden salad topped w/ balsamic marinated chic	cken breast, cheddar and
hard-boiled egg	

Cindy's Salad14.7
tossed garden salad topped w/ balsamic marinated chicken, brie, cranberry,
walnuts and avocado
Millie's Salad

Millie's Salad 13.75
tossed Garden Salad topped w/ a scoop of chicken salad, avocado & pepperjack
Greek Salad 13.75
tossed garden salad topped w/ grilled chicken, feta and black olives

Dressing served on the side 1/8 lb container w/ each salad additional dressing available for .75 cents per serving

Choices include: -Balsamic Vinaigrette, Italian, Ranch, Bleu Cheese, Spicy Thai Peanut, Citrus Vinaigrette, Raspberry Vinaigrette, Caesar, Russian, Oil & Vinegar

Assorted Sandwiches

(Roars head Cold cuts only

(Boars head Cold cuts only)
Turkey9.70
(Ovengold, Honey maple, Smoked, Cracked Pepper)
Ham (Deluxe, Black forest, Honey maple)9.70
Roast Beef
Bologna or Liverwurst7.99
Pastrami
Pastrami
Salami9.25
Sliced Cheese
Sliced Cheese
Blt8.49
Turkey Blt
Cheesesteak Hot Roast Beef or Chicken 12.99 on a hero 13.99
Breaded, Grill or Balsamic Chicken.10.75 on a hero 13.75
Black Forest (Smoked Turkey, Muenster and Russian) 10.49
Add cheese to any Sandwich .75 • Add avocado 1.50
Add Lettuce, Tomato or Onion to any sandwich n/c
All Sandwiches are Available on a bagel, roll, white, rye or
wheat bread or plain or whole wheat wrap
Any Sandwich on a hero 2.00 more unless otherwise noted
on a croissant .50. Fresh Mozzarella on Any Sandwich: 1.50
All deli sandwiches, wraps and tossed salads include a choice of potato
salad, macaroni salad, coleslaw, pickle or a small cookie.

Signature Sandwiches 11.00 each

served on your choice of rye, whole wheat, white, roll, bagel or wrap

- 1. Turkey, Brie, Lettuce, Tomato and Mayo
- 2. Roast Beef, Horseradish Sauce, Lettuce & Tomato
- 3. Grilled Lemon Chicken, Provolone, Roasted Peppers
- 4. Grilled Chicken, Pesto, Sundried Tomatoes & Lettuce
- 5. Cracked Pepper Turkey, Cranberry Sauce, Lettuce
- 6. Smoked Turkey, Swiss, Russian and Lettuce
- 7. Black Forest Ham, Swiss, Lettuce, Tomato, Honey Mustard
- 8. Blazing Buffalo Chicken Breast, pepperjack, lettuce, tomato and hot sauce
- 9. Pastrami, Swiss and Dijon

Wraps

We carry Plain Wheat and Spinach Wraps Wraps are made to order the way you like them here are some of our most popular choices

- 1. California Wrap turkey breast, bacon, muenster, avocado, lettuce, tomato and ranch Dressing 12.60
- 2. Delicious Roast Beef, Cheddar, Bacon, Lettuce, Tomato and Horseradish Sauce 12.10
- 3. Tender Grilled Chicken, Pepperjack Cheese, Lettuce, Tomato and kick-n-bayou sauce 10.76
- 4. Tender Grilled Chicken, Cheddar, Salsa and Lettuce 10.76
- 5. Balsamic Marinated Chicken Breast, Fresh Mozzarella, Roasted Peppers & Lettuce 10.76
- 6. Honey maple turkey breast, swiss, lettuce tomato and honey mustard 10.76
- 7. Thai Wrap: Grilled Chicken, Shredded Carrots, Red Onion, Lettuce and Spicy Thai Peanut Dressing 10.76

Catering

Available for all Your Personal or Professional Needs. No Order Too Big or Small

The Office Pleaser: 32.99

13 Fresh Baked Bagels sliced both ways and arranged on a platter with plain cream cheese, butter and a flavored cream cheese of your choice.

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Baked Good Tray: Small Serves 6-8ppl 32.99

Medium Serves 10-12 49.99

Large serves 15-20 69.99

Assorted Fresh Baked Goods such as Muffins, Croissants, Turnovers and Cinnamon Rolls arranged on a Platter.

Bagel/Baked Good Combo Tray: Small Serves 6-8ppl 32.99
Medium Serves 10-12 49.99
Large serves 15-20 69.99

Bagels, Fresh Assorted Baked Goods, Cream Cheeses and Butter beautifully arranged on

Wrap Trays & Deli Sandwich Platters: ... \$14.69 per person

Your Choice of our Assorted Deli or Signature Sandwiches. (Boars Head Cold Cuts Only) Full Wrap or Sandwich per person. Wraps are cut in 1/3's and plattered. Deli Sandwiches are cut in ½'ves and plattered. Served along with Potato Salad, Macaroni Salad, Cole Slaw and Pickles.

3 Foot Heroes:......\$92.97

Fresh Baked 3 Foot Hero Bread Piled High with Your Choice of Quality Boars Head Deli Meats, Sliced approximately 18 good size pieces. Accompanied by Potato Salad, Macaroni Salad, Cole Slaw and Pickles...Popular Choices Include but not limited to: Italian Combo, American Combo, Grilled Chicken, Roasted Peppers, Mozzarella, Balsamic Vinaigrette, Just to name a Few. (1 Day Notice Minimum)

Appetizing Platters:.....16.99 per person

Hand Sliced Nova Scotia Salmon. Your Choice of assorted Cream Cheeses accompanied by a lettuce, tomato, onion, caper and cucumber tray. Along with 2 bagels of choice per person.

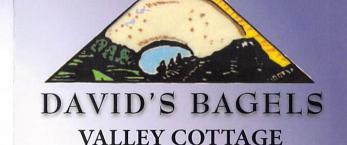
Above Served with Fresh Made Salads such as Tuna, Egg, Chicken and

Whitefish. 18.99 per person Additional Appetizing Always Available with Sufficient Notice, such as Kippered Salmon, Herring Filets, Large Whitefish Etc.

Fresh Made Salads such as Egg, Tuna, Whitefish and Chicken, accompanied with Cream Cheeses of Choice, Lettuce Tomato Onion Tray and 2 Bagels of Choice per person.

Fresh Fruit Bowls Available in all Sizes: Fresh Cut Seasonal Fruit

Coffee Urns to go:.. 50 person or 100 person 1.95 per person



2 Lake Ridge Plaza Valley Cottage, NY 10989 p. 845 268-1876 f. 845 268-1829

Open Monday-Saturday 5:00 AM - 4:00 PM

Open Sunday 5:00 AM - 2:00 PM

Breakfast - Lunch Catering

Fresh Bagels - Mini Bagels - Flagels

Boars Head Coldcuts

Salads - Coffee

Wraps - Sandwiches

Muffins and More

Prices Subject to Change and do not include sales tax If you have a food allergy, please notify us.



Bagels 1.25 each • Bakers Dozen 15.00 Mini-Bagels 1.10 each • Bakers Dozen 13.20 Flagels 1.35 each

Bagel Varieties

Plain, Sesame, Poppy, Salt, Onion, Garlic, Everything,
Cinnamon Raisin, Pumpernickel,
Rye, Egg, Egg Onion, Egg Everything, *Honey Whole
Wheat, *Honey Whole Wheat Sesame,
*Honey Whole Wheat Everything, Multi-Grain,
Blueberry, Bialys
*our whole wheat contain honey in place of brown sugar

Specialty Bagels 1.50 each
Cheddar Onion, Rainbow, Cinnamon Crumb

Our bagels contain no fats, oils or preservatives

Cream Cheese Spreads

Plain, Plain Light, Veggie, Veggie Lite, Scallion, Scallion Lite, Lox, Walnut Raisin, Sun Dried Tomato, Garlic & Herb, Olive Pimento, Bacon Scallion, Strawberry, Spinach, Jalapeno Cheddar

Tofu Spreads Available

By the Pound

lain	7.99
lavored	

On a Bagel

Plain Cream Cheese	3.49
Flavored Cream Cheese	4.15
Butter	2.60
Butter & Jelly	3.49
Cream Cheese & Jelly	3.49
Peanut Butter	3.49
PB&J	3.75

Gluten Free Bagels Available Plain Sesame & Everything. 2.00 each. Any Sandwich on a Gluten Free Bagel .75 extra.

Gluten Free Wraps Also Available.

Breakfast

Egg on a Bagel, Roll, Toast or Wrap3.99
Egg & Cheese
Egg & choice of Bacon, Sausage, Ham, Taylor Ham,
Turkey Bacon, Turkey Sausage5.49
Egg & Cheese w/ choice of Bacon, Sausage, Ham,
Taylor Ham, Turkey Bacon, Turkey Sausage6.29
BOBO, SOBO, HOBO7.35
egg, cheese, meat of choice & hashbrown:
Extra Egg/Egg Whites
Extra Meat
Extra Cheese0.75
Hash Brown1.50
ALL BREAKFAST WRAPS HAVE A EXTRA EGG .75 extra

ALL BREAKFAST WRAPS HAVE A EXTRA EGG .75 extra
On a Croissant .50 extra

Omelets

choice of toast (wheat, rye or white) OR hash brown

Cheese Omelet	6.99
<mark>choose from American Swiss Cheddar</mark> Mozzarella, Feta, Pepperjack and Muenster	
Single Veggie Omelet (choice of ONE Veggie)	6.99
Meat Omelet (choice of ONE Meat)	7.75
Western Omelet (ham, peppers, onions)	8.99
Double Veggie Omelet (choice of TWO Veggie) Onion, Tomato, Peppers, Mushrooms	7.49
2 Eggs any style	4.99
2 Eggs any style w/ choice of a Meat	6.25
French Toast 3 piece order	5.49

Veggie Choices: Spinach, Tomatoes, Onions, Mushrooms,
Peppers Additional Veggies .50
Add Avocado 1.50

Baked Goods

Baked Goods	
Croissants Plain	2.75
Croissants Filled	3.00
Chocolate or Strawberry Cheese	
Muffins Assorted Varieties Daily	3.50
Corn, Blueberry, Choc. Chip, Choc Choc Chip, Choc.	
<mark>Blossom, Raisin Bran, Pistachio, Morning Glory (carr</mark>	ot cake), Lemon
Р <mark>орру, Banana Nut, Apple Cinnamon, Cinnamon Co</mark> j	ffee Cake,
Cranberry Nut, Pumpkin Cheesecake	
arge Cookie	3.00
mile, Chinese, Linzer Tart, Chocolate Dipped Linzer	Tart
Cinnamon Buns/Apple Turnovers	3.00
Brownies	2.75
<mark>Small Cookies - Choc Chip,</mark> Oatmeal Ra	isin 0.75 ea
Butter Cookies	15.99/1b
Rice Pudding (8oz)	3.49
Crumb Cake	

If you have a food allergy, please notify us.

Appetizing

Fresh Nova Scotia Salmon	41.99 per lb
On a Bagel	11.55
w/ cream cheese	12.10
w/ a Flavored cream cheeseadd tomato, onion or capers - no charge	

Other appetizing is available for orders just provide us with prior notice and we will have it available!

Assorted Salads

Tuna Regular or Low-fat (Hellman's Lite) 8.14 Sandwich • 12.99 per lb. Chicken Salad Regular or Low-fat (Hellman's Lite) 8.14 Sandwich • 13.99 per lb. Egg Salad - 7.35 Sandwich • 8.99 per lb. Whitefish Salad - 8.99 Sandwich • 15.99 per lb. Macaroni, Coleslaw, Potato Salad - 4.49 per lb.

Made Daily Fresh Fruit Cups. - 5.99 per lb. Yogurt - 5.24 (Strawberry or Vanilla lo-fat), granola and fresh strawberries parfaits

Drinks

Full Selection of

Sodas, Teas, Juices, Milks & Waters

Fresh Hot Coffee...... 12oz 2.35 • 16oz 2.80 • 20oz 3.10 regular, decaf, flavored,

Iced Coffee & Fresh Brewed Unsweetened Iced Tea

Available Year Round 16oz. 3.10 • 24oz. 3.75 • 32oz 3.95

Hot Chocolate/Cappuccino

12oz. 2.35 • 16oz. 2.80 • 20oz 3.10

Lipton and Assorted Herbal Teas

12oz. 2.35 • 16oz. 2.80 • 20oz 3.10